

דפים למשפחה

DAPIM LAMISHPAHAH

PAGES FOR SHARING WITH THE FAMILY

SUKKOT ACTIVITIES

Sukkot is indeed a happy holiday. In Hebrew it is called *z'man simhateinu*—the season of our joy! *Sukkot* has also been called the Harvest Festival, God's Festival and the Festival. *Sukkot* is our time to celebrate the fall season and all that the summer harvest has brought us. Historically, it reminds us of the journey through the desert after our Exodus from Egypt. It is also a time for thanksgiving to God, the source of the earth's bounty. It is a superb and limitless opportunity for family celebration and activity.

SUKKOT FUN

- ⇒ Original *sukkah* decoration can be made by cutting fruit shapes from construction paper. Dab edges with various oil pastel colors. Place shapes on folded white paper and lift off quickly so that smudged design is created.
- ⇒ Collect falling leaves for leaf rubbings. In addition, you'll need 8 1/2" x 11" paper and flat crayons. Method: A leaf is placed between 2 pieces of paper. Rub crayon over the top sheet. Ask children to notice the outline of the leaf and veins. Ask the compare different kinds of leaves. These rubbings can be used to decorate the *sukkah*.
- ⇒ Celebrate the fall/harvest season by preparing a huge pot of vegetable soup. Involve all the members of the family in its preparation, washing, peeling, dicing and slicing.
- ⇒ Prepare an assortment of *Sukkot* storybooks for family enjoyment.

**When on Outings—
remember to maintain Social Distancing Protocol.**

- ⇒ Take a nature walk and collect leaves, nuts, small stones or pine cones.
- ⇒ Go to an apple orchard to pick apples.
- ⇒ Visit a pumpkin, If possible, pick pumpkins and prepare a pumpkin dish for *Sukkot*.

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SUKKAH DECORATING

- ⇒ Young children love being involved in *sukkah* decorating. The *sukkah* may be decorated with artificial vegetables and fruits and with lots of children's drawings and crafts. Waxed dental floss and large needles with rounded points are good for stringing together popcorn and cranberries to hang in the *sukkah*.
- ⇒ Invite friends to your *sukkah* (maintain social distance) with original cards you have designed from nearly any art medium. Try sprinkling glitter and pasting scraps or pieces of colored paper that have been hole-punched for easy hanging.
- ⇒ Utilize holiday cards for *sukkah* decorations by inserting between two pieces of clear contact paper. Punch a hole in the top for easy stringing.
- ⇒ Purchase gourds that can be saved from year to year.
- ⇒ Visit an apple farm (maintain social distancing) and pick enough apples to decorate your *sukkah* and to share with others who are *sukkah* decorating.



SUKKAH NOSHING

Apple Honey Snack

Ingredients

- Apples
- Honey
- Wheat Germ
- Granola
- Coconut
- Banana Slices

Toothpicks for dipping

Directions

Cut apples into slices.
Dip into honey with toothpick and then coat with topping.
Great for snacking



USHPIZIN (Welcoming Guests)

There is a beautiful tradition of inviting our great leaders of the past to visit us each night in a ritual called ushpizin (welcoming guests). Each evening we welcome a different Jewish hero. Originally, the custom was to welcome Abraham, Isaac, Jacob and Joseph, Moses, Aaron and David. Today many add Sarah, Rebekah, Rachel and Leah, Miriam, Ruth and Deborah. We can also add contemporary heroes, such as Natan Sharansky and Myriam Mendilow. Here's how! Ask everyone at the table to select a Jewish hero and tell why. Have your guests/family members each bring an imaginary guest and introduce them telling why they wanted "their guest" along. Also assign a personality in advance to one person. That person leaves for a moment to dress up and return as the visiting personality. Guests are permitted 10 questions to guess the identity of the guest.

WHO AM I?

In these ways, the past become the present.

Place names and descriptions, which have been written on slips of paper (before the holiday) in a basket. Next, have guests match names with correct identifying descriptions.

1. I am known for inviting guests into my home. Who Am I?
2. I had a son in my old age. Who Am I?
3. Out of dedication to God, I am prepared to be sacrificed. Who Am I?
4. I was willing to travel to a faraway, unknown land to build a new life and a mother of People. Who Am I?
5. I served 20 years to marry the woman I loved. Who Am I?
6. I waited a long time to have children, but my first son saved his brothers and sisters. Who Am I?

Answers: 1. Abraham 2. Sarah 3. Isaac 4. Rebekah 5. Jacob 6. Rachel

A TIME FOR THANKSGIVING A TIME FOR SHARING

Biblical sources help us remember our Jewish roots in the soil and provide enduring values that have helped make us a great people.

Create a collection-corner in the sukkah or at home based on Lev.19:1... When you reap the harvest of your land, you shall not reap all the way to the edges of your field...

- Make a sign with the quotation above and hang it in your home or sukkah.
- This mitzvah reminds us to share what is ours to enjoy. Designate one corner (pe-ah) or several corners of your home or sukkah as the "edge" of your "field" for the

collection of canned foods that can later be donated to food banks. A large bag or carton may be appropriately decorated or simply covered with leftover sukkah greens.

- Following the holiday, a corner of a cupboard or shelf in your kitchen or elsewhere in your home might be set aside and reserved to collect food for the needy.

